



VOLUNTEERS NEEDED

FOR KEEP ALBUQUERQUE BEAUTIFUL'S 5TH ANNUAL

~ Junk Jog ~

Plogging is a new Swedish fitness craze and is a combination of jogging with picking up litter (Swedish: plocka upp). Come and help keep Albuquerque beautiful by volunteering for this event at the Bosque!

We need volunteers to help at tables, traffic control, etc!

Saturday, October 28, 2023 from 9 a.m. to 12 p.m.

Central and Sunset

Parking Lots north and south of Central

For more information, visit CABQ.GOV/JUNKJOG

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Deadline to submit this **volunteer** registration form is **5:00pm, Thursday, Oct 19, 2023**

Mail to: Tara Solt Keep Albuquerque Beautiful 4600 Edith Blvd N.E. Albuquerque, NM 87107

OR

E-mail: tsolt@cabq.gov

First & Last Name:		
HOW DID YOU HEAR	ABOUT THIS EVENT?	
Please check one:	IndividualGroup	(Groups sizes should be limited to 2-4 people)
Volunteer Group size:		
•	ple of a size is needed, ple MediumLargeXL	ease write the quantity on the lines provided):2XL
WOMEN'S:Small	MediumLarge	_XL2XL

*Shirt sizes are not guaranteed for those who register at October 10, 2023 due to shipping deadlines.